



Then 1924



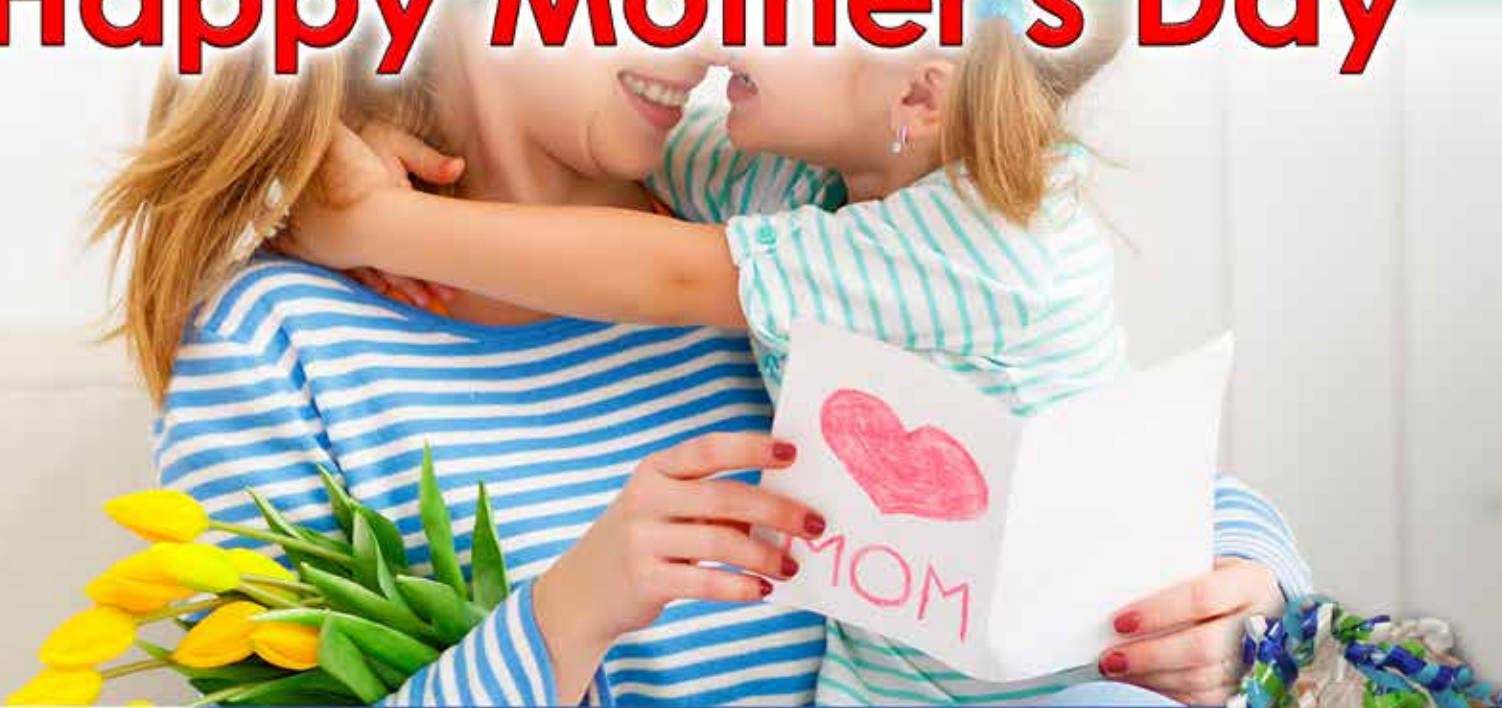
Now 2017



Some traditions just grow stonger with time™

EXPERIENCE • QUALITY • SERVICE • COMMITMENT

Happy Mother's Day



ENTER TO WIN A MOTHER'S DAY GIFT BASKET FULL OF DERMA E PRODUCTS (A \$150 VALUE)



LiverCare for Maintaining Liver Health

The world's number one liver support formula

Clinically studied combination of nourishing herbs to strengthen liver cells



90 caps
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180 caps
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Natural Products for Every Woman, Every Day!

WomenSense formulas contain the highest quality ingredients & natural extracts providing safe, multi-symptom relief of hormone imbalances resulting from stress, estrogen dominance, perimenopause, menopause and low thyroid.



25% off
regular price

Eli's Body Shop

Authentic Wellness & Beauty Products

We have products for:

- Eczema
- Acne
- Blemishes
- Pimples
- Rashes
- Dark Spots
- Marks
- Red Spots
- Dryness



25% off
regular price
In-Store Demo

All Natural Solutions.
Made in Canada



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HURRAY FOR HOMEOPATHY - SUMMER ESSENTIALS

BUG BITES / ALLERGY

D'Apis
40 g gel
\$6.95

- Alleviates pain, relieves itching and hives
- Promotes the healing of insect bites in both adults and children



TRAVEL SICKNESS

Cocculine
60 quick dissolve tabs
\$8.95

- Relieves symptoms of motion sickness, such as nausea, vomiting, dizziness and cold sweats
- Non-drowsy, quick dissolving tablets



BLADDER / URINARY HEALTH

D-Mannose
85 g powder
\$29.95

- Interferes with particle attachment and allows everything to be flushed out in the urine stream



CranRich
500mg 180 caps
\$19.95

- Prevents/treats urinary tract infections
- Enhances vision, circulation and memory



PRO Bladder
60 veg caps
25% off reg price

- Helps to maintain & support bladder and urinary health
- Improves symptoms of pollakiuria and urinary incontinence



YOUR GLORIOUS GUT - RENEW LIFE HAS A DIGESTIVE ENZYME FORMULA THAT IS PERFECT FOR YOU!

Don't Let
Digestive Issues
Come Between You
And Your Love...
of food.

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90 veg caps
\$22.95

- Powerful blend of digestive enzymes that help ensure the proper breakdown of food



DigestMORE ULTRA
60 veg caps
\$29.95

- Most powerful digestive enzyme formula available on the market



Medicine Cabinet Essentials For WOMEN

MULTIVITAMIN

Active liquid form multivitamin

- High cal-mag content & anti-aging nutrients

NutriMulti for Women
900ml
25% off regular price



HEAVY, TIRED LEGS?

- Strengthens and tones blood vessels
- Reduces varicose veins & hemorrhoids

Butcher's Broom
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\$9.95



WOMEN'S PROBIOTIC

- A girl's best friend!**
- Specially formulated to support microflora of the urethra & vagina

12 billion 10 strain formula
60 veg caps
\$15.95



OMEGA 6 GLA

Hormone Balance & Circulatory Support

- Promotes healthy skin

Ultra Prim
100mg GLA
1000mg 90 softgels
\$7.95



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NEW

- Assorted flavours
- Great tasting high absorption complete bone formula

In Store \$5 Coupon

Calcium & Magnesium Citrate 2:1 with collagen and k2 or no k2
500ml



Unbalanced Hormones? Use these professional products to keep them in check!

A Science Backed Formula for Hormone Balance

- Promotes breast health
- Supports toxin metabolism in the liver
- Helps balance estrogen levels

Estro Adapt
203mg
60 vegi-caps

25% off
regular
price



A Natural Solution for PMS Symptoms

- Helps to balance mood changes
- Improves menstrual regularity
- Addresses both inadequate levels of progesterone and a depleted adrenal system

Fem Ease
313mg
60 vegi-caps

25% off
regular
price



Fem Calm
248mg
60 vegi-caps

25% off
regular
price



Help Your Body Cope With Stress

- Mobilizes internal energy stores & activates whole body defenses
- Prevents the body from overreacting to a stressor

Ortho Adapt
637mg
120 caps

25% off
regular
price



Crazy for COLLAGEN

Bovine Source



Marine Source



Collagen is one of the main building blocks of our skin. The structure of collagen actually draws water into the tissues, resulting in firm, plump, youthful skin. Interestingly, the presence of the stress hormone cortisol in the blood promotes the breakdown of collagen into its amino acid building blocks. Collagen is also helpful for joints and cartilage support

25% entire line of Pro Collagen
(Bovine and Marine source)

AROMATHERAPY

Aromatherapy is an ancient and time-honoured tradition. When these natural extracts are diffused they can inspire, energize, soothe, and encourage wellness & peace of mind.

Essential Oils by NOW

30ml Assorted

20% off regular price

Demos at each location

Sample oils, Recipes and enter to
WIN 2 bottles of essential oils



Naturopathic Medicine

Condition: Infertility and Hormonal Imbalance

Many couples are devastated by an inability to conceive a natural pregnancy. Our reproductive system relies on proper hormonal balance to function properly in order to conceive and sustain a healthy pregnancy. Hormones can be influenced by vitamin and mineral levels, stress, immune deficiencies, and exposure to environmental toxins and lifestyle choices.

Solution: Correcting Abnormal Hormone Levels through Nutrition, Herbs and Acupuncture

The first step is to test for abnormal hormone levels using saliva samples collected throughout one monthly cycle to determine the levels of all sex hormones. Blood tests to test for thyroid function and blood sugar levels are also an option.

There is increased scientific evidence that naturopathic integrative therapies such as nutritional supplements (vitamins and minerals), botanical (herbal) medicines, and acupuncture aid with fertility in both men and women. Natural therapies are also safe and effective in combination with medical fertility treatments such as IUI and IVF. Eating a variety of nutrient-dense whole foods, exercising regularly, ensuring adequate sleep, implementing stress management techniques, and avoiding harmful substances are the foundation for maintaining and restoring hormonal balance.

Oakville Clinic Article contributed by Dr. Suzanne Bartolini, B.A., M.A., ND | Centre for Collaborative Health | info@cch-oakville.ca | (905) 849 9915

Compounding

Compounding Article Contributed By:



Joe Hsu B.Sc. Pharm
Compounding Pharmacist
Beaches location

Condition: Anxiety, Irritability and Lack of Sleep

Since turning 50, Ann is frustrated and concerned with her ongoing sleep issues. She feels more anxious and easily irritated and suspects all this is somehow related to menopause. Ann does not know how to proceed and is somewhat hesitant to take the conventionally prescribed hormone replacement therapy as she does not want to take any unnecessary hormones.

Solution: Compounded BHRT

After speaking to Joe, her Hooper's compounding pharmacist, Ann fills out a hormone assessment questionnaire where she rates multiple symptoms. Joe assesses her answers to recognize imbalanced hormones. Ann is instructed to get blood work done to confirm Joe's assessment. Upon review of her lab results, Joe suggests a tailored hormone protocol to Ann's doctor. Ann's compounded medication contains just the right amount of hormones for her. She comes back to see Joe a few months later and feels like herself again! Speak to our compounding pharmacists to see how we can implement our hormone assessment protocol and work with your medical doctor to customize your BHRT therapy for optimal efficacy.



Hooper's has gone DIGITAL!

Go to www.hoopershealth.com or visit your local Hooper's location for more details.

SENIORS DAY IS THE FIRST TUESDAY OF EVERY MONTH
SAVE AN EXTRA 5% ON TOP OF OUR EVERYDAY 10% SENIORS DISCOUNT.
SOME EXCEPTIONS MAY APPLY. SEE PHARMACY FOR DETAILS.

OUR SERVICES....

VitCheck Consultations • Nutritional Consultations • Reiki Sessions • Live Blood Cell Analysis • Hair Analysis Testing • Rocky Mountain Analytical Testing....and More!

<p>PORT CREDIT Pharmacy & Natural Apothecary 88 Lakeshore Road East (905) 278-4242 Demos every Saturday Beauty Products on Special</p>	<p>BEACHES Pharmacy and Vitamin Shop 2136 Queen Street East (416) 699-3747 Spa Days, Annual Mother's Day weekend 20% off bath & beauty products</p>	<p>BRAMPTON Pharmacy and Vitamin Shop 31 Main Street North (905) 451-2453 Celebrating MOMs Giveaways, samples May 13</p>	<p>OAKVILLE Vitamin Shop Upper Oakville Shopping Centre 1011 Upper Middle Road East (905) 337-8522 CCH Mother's Day Bliss package 20% off Doorcrashers for MOM call for more details</p>	<p>VAUGHAN Pharmacy and Vitamin Shop Eagles Landing Plaza 1410 Major Mackenzie Drive W. (905) 303-4466 5th Anniversary Sale 20% Saturday June 3</p>
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Sale Prices In Effect - May 13th - May 27th, 2017
Thank you for choosing Hooper's Pharmacy & Vitamin Shop

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